

**2019 U.S. Masters Swimming 5K/10K ePostal National Championships**  
**Women's 10K Relays (3 Swimmers)**

Age group	Place	Club Name	Total Time	First Name	Last Name	Age	Club Abbr.	USMS #	Individual Time	National record
<b>18+</b>										
	1	Oregon Masters	8:00:28.46	Anna	Daggett	24	OREG	379K-0B75Y	2:54:02.99	
				Erin	Cavender	25	OREG	379M-OAWJ4	2:28:12.99	
				Megan	Tosh	34	OREG	379D-09JSX	2:38:12.48	
<b>35+</b>										
	1	Oregon Masters	8:07:59.07	Stacey	Kiefer	41	OREG	379N-01RAS	2:31:59.99	
				Jayette	Pettit	52	OREG	3794-OA8HS	2:47:06.09	
				Gillian	Salton	51	OREG	379Y-05G96	2:48:52.99	
<b>45+</b>										
	1	Oregon Masters	9:26:31.48	Anicia	Criscione	46	OREG	379M-EYEEM	2:52:42.23	
				Wendi	Lui	47	OREG	3797-OA663	3:14:25.26	
				Jeanna	Summers	65	OREG	379K-000PT	3:19:23.99	
<b>55+</b>										
	1	Masters of South Texas	8:17:34.01	Suzanne	Cuda	59	MOST	439Y-008RJ	2:55:09.63	
				Susan	Ingraham	60	MOST	439Z-SUSAN	2:38:57.73	
				Elaine	Valdez	64	MOST	439Y-02P0H	2:43:26.65	
	2	Palm Beach Masters	9:09:20.97	Tamara	Burton	61	PBM	5099-099CG	2:55:12.99	
				Jo-Ann	Berry	63	PBM	509H-027YV	3:28:13.99	
				Catherine	Rust	66	PBM	5096-06WNH	2:45:53.99	
	3	Palm Beach Masters	12:23:43.97	Heidi	Bettendorf	55	PBM	509R-0B0PC	4:13:12.99	
				Karen	Lewin	63	PBM	509N-06124	4:01:04.99	
				Sharon	Friedman	60	PBM	509E-06BNV	4:09:25.99	